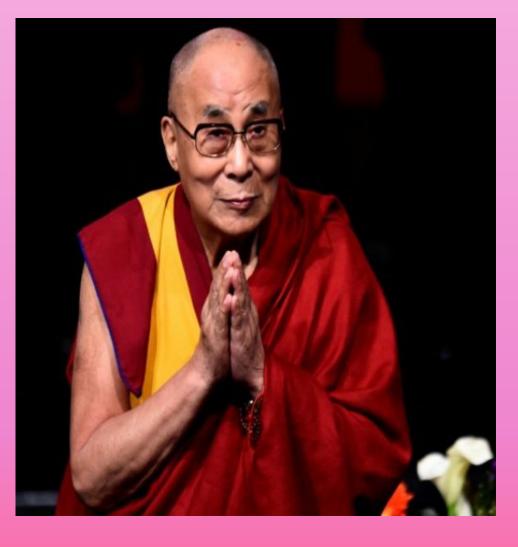
Welcome to Year Three's Assembly on Compassion

"If you want others to be happy, show compassion. If you want to be happy, show compassion."



DELAI LAMA

COMPASSION!

What is COMPASSION?

It is about showing <u>kindness</u> and <u>consideration</u> to <u>help others</u>, especially when they are upset.
It is about having <u>genuine feelings</u> <u>for other people's struggles</u>.

SHOWING COMPASSION

In short, compassion is about showing sympathy for the problems or difficulties of others and doing something to help them.



WHO IS SHOWING COMPASSION?



SHOWING COMPASSION

In order to show compassion, you need to be able to think about how other people feel.

This is called 'putting yourself in someone else's shoes.'





'IN YOUR SHOES'

WE ARE NOW GOING TO TEST YOUR COMPASSION!

YOU WILL NEED ONE VOLUNTEER FOR EACH SCENARIO THAT FOLLOWS - SEE IF YOU CAN STEP INTO THE PERSON'S SHOES AND IMAGINE HOW THEY MUST FEEL.

EVERYONE ELSE – THINK ABOUT HOW YOU MIGHT BE ABLE TO HELP THIS PERSON.

WE HAD A GO AT ACTING OUT THE SCENARIOS. THEY ARE AT THE END OF EACH SCENARIO. WE HOPE YOU ENJOY OUR SKETCHES.

SCENARIO 1 STARTING A NEW SCHOOL



- A new girl has started at school. It is her first day.

She has come from a different part of the country and doesn't know anyone here.
She looks very serious and has hardly smiled all day.

-It is break time and she is sat by herself.

VOLUNTEER – Step into her shoes. How do you imagine she feels?

EVERYONE – How can we help her? How can we show compassion?



SCENARIO 1 STARTING A NEW SCHOOL

VOLUNTEER – Step into her shoes. How do you imagine she feels?

- Nervous

- Scared
- Missing her old friends
- Worried about what people will think of her
 - Hopeful that she will make new friends

EVERYONE – How can we help her? How can we show compassion?

- Introduce yourself/ make conversation
- Ask how her first day is going/ how can you help?
 - Invite her to play with you
 - Introduce her to others



SCENARIO 2 TEST RESULTS



- There is a boy in the class who finds spelling really difficult.

 Every week in the spelling test he hardly gets any spellings right.
He is good at some other subjects (like maths and PE) but never does well in spelling.
Some other children have begun to make fun of him for his spelling test results.

VOLUNTEER – Step into his shoes. How do you imagine he feels?

EVERYONE – How can we help him? How can we show compassion?



SCENARIO 2 TEST RESULTS

VOLUNTEER – Step into his shoes. How do you imagine he feels?

Disappointed
Hopeless
Upset that people are saying unkind things
Feels like giving up

EVERYONE – How can we help him? How can we show compassion?

- Make him feel better/ talk about all the things he is good at

- Motivate him to keep trying

- Ask the children to stop making fun/ tell a teacher
- Maybe you can practice your spellings together?



SCENARIO 3 CIRCUMSTANCES OUTSIDE SCHOOL



A child at your school has a dog that is really sick.
The dog has been at vets for nearly a week. He may get better. He may not.
He seems to be ok in class, but has been crying when he leaves his parents each morning.

VOLUNTEER – Step into his shoes. How do you imagine he feel?

EVERYONE – How can we help him? How can we show compassion? SCENARIO 3 CIRCUMSTANCES OUTSIDE SCHOOL

VOLUNTEER – Step into their shoes. How do you imagine they feel?

- Worried/ anxious

- Scared

- Distant/ can't concentrate on school at the moment

- May be in a worse mood than normal

EVERYONE – How can we help them? How can we show compassion?

- See if there's any small things you can do to make their day a bit better/ easier

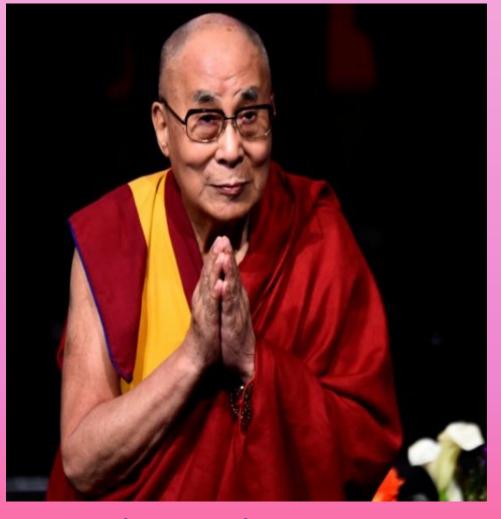
- Ask them if they want to talk to someone about it

- If they don't, see if there is anything you can do to take their mind off



BACK TO OUR QUOTE...

"If you want others to be happy, show compassion. <u>If you want to be happy</u>, show compassion."



DELAI LAMA

How can showing compassion make us happy?

VIDEO Compassion helps everybody Video Link



Compassion helps everyone. Ask yourself these questions:

- What did the dog do in the video?
- Why did he do it?
- How did the bird and the fisherman react?
- What happened because of his actions?
- What did the dog get for showing compassion?

SO, HOW CAN WE SHOW COMPASSION AT SCHOOL?

IN LESSONS?

AT BREAK/ LUNCHTIME?

AT SCHOOL EVENTS/ ON TRIPS?

HOW CAN WE SHOW COMPASSION OUT OF SCHOOL?

AT HOME?

IN THE LOCAL COMMUNITY?

IN THE WIDER WORLD?

We hope you have all enjoyed our assembly and having discussions about how YOU can be compassionate in different situations. Have a lovely **COMPASSIONATE DAY!** Love Year Three xxx

... only three more slides to go ...

This Week's Awards

Heavenly Father, We live in a world where we're so overcome with our problems, that we forget our neighbor maybe suffering too. Lord, fill us with compassion for our fellow man. Help us to see them as You see do. Give us a heart to love them and see them through their trials. It's the only way to live, Lord, loving our neighbor as we love ourselves. In Jesus' Name, we pray, we believe, Amen.

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Please sit back and enjoy this week's Music. Here is the link. Sing along too if you can! We hope you enjoyed singing along!