



Barrow Hills
SCHOOL



MRS OLDROYD IS
VERY
WOBBLY TODAY!

PARKINSON'S^{UK}
CHANGE ATTITUDE
FIND A CURE.
JOIN US.



Parkinson's is something that affects my brain and it means I have problems controlling and moving my body.

But it doesn't affect me every day. Some days I can do things and some days I can't. And I never know how I'll feel from day to day.

It affects everyone who has it differently.

The doctors can tell me what *might* happen, but they can't be sure.





Scientists are working hard to find out how to make it go away or stop people getting it.

But until they find a way to make it go away, Parkinson's means I may not be able to do all the things I want to, when I want to.

Sometimes my walking goes a bit slow and shuffley but it does nor stop me from seeing my friends or coming to school.





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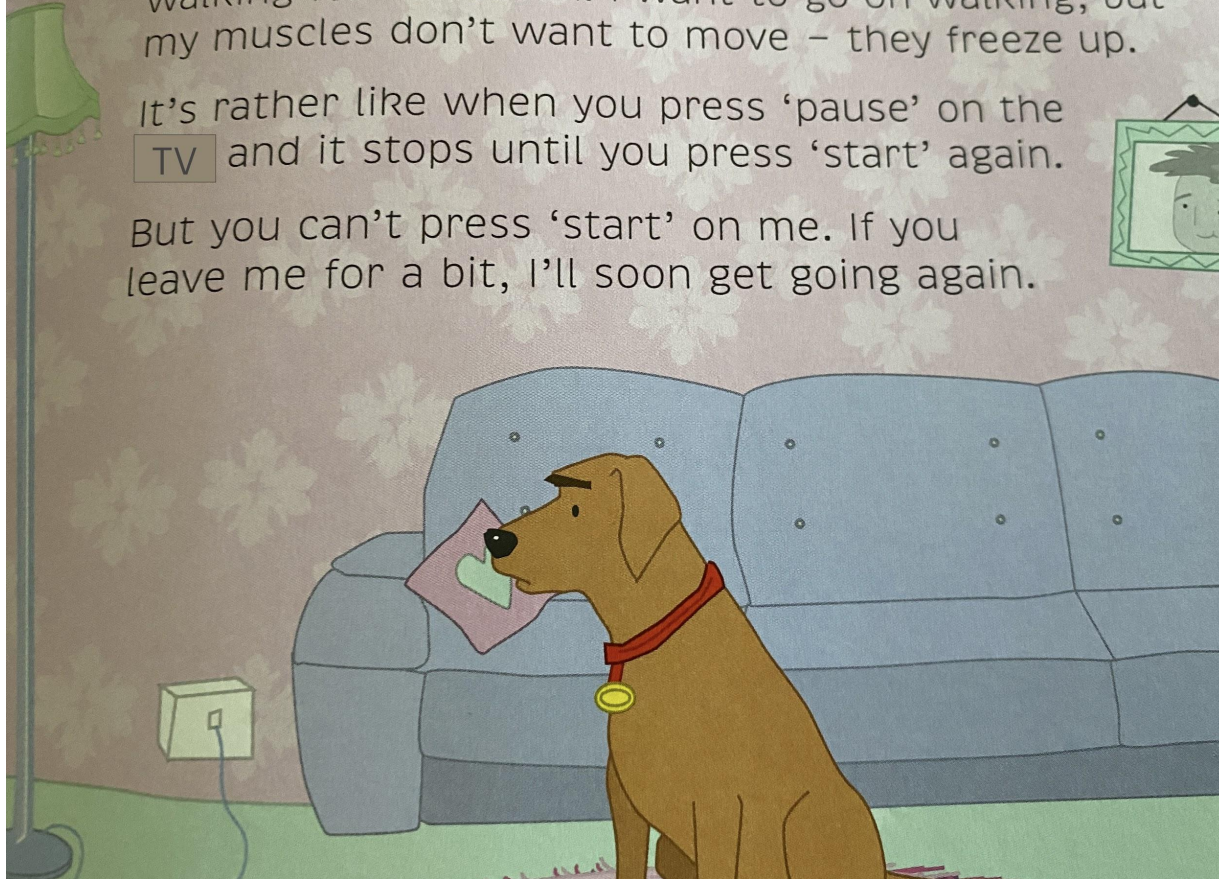




You might have noticed that sometimes I just stop walking for no reason. I want to go on walking, but my muscles don't want to move – they freeze up.

It's rather like when you press 'pause' on the TV and it stops until you press 'start' again.

But you can't press 'start' on me. If you leave me for a bit, I'll soon get going again.





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Sometimes I might
even fall over.



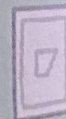
Just like you did
when you were
learning to walk.



When I fall over it does not usually hurt as I wear my bouncy knees - just like you might wear on a bike or skateboard

Because my hand muscles dont work very well my handwriting is very small and messy.

Some times I cannot pick up small things with my fingers





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What is Parkinson's?

Parkinson's is a condition that affects movement...

- Usually affects older people like Grandmas & Grandads
- You cannot catch it
- You can make it better but you cannot make it go away
- You cannot die from it
- It makes you move differently



What happens to people with Parkinson's?

Freeze

Fall over

Slow and shuffley

Stiff and rigid

Shake

Bad Balance