




# Weekly Menu

| Week 1  | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  |
|---|---|--|---|--|---|
| <b>Morning snack</b>  | Flapjack  | Black bean brownie   | Pizza wheel   | Blueberry muffin   | Sausage roll  |
| <b>Soup of the day with fresh homemade bread and accompaniments</b> |   |  |   |  |   |
| <b>Option 1</b>   | <b>Meat Free Monday</b><br><br>Macaroni cheese (v)  | Roast pork, apple sauce and gravy  | New Yorker chicken in a bun   | Spaghetti Bolognese  | Giant breaded fish fingers  |
| <b>Option 2</b>   |   | Spring vegetable tart (v)  | Lightly spiced bean and vegetable burger in a bun (v)                                     | Vegetable Bolognese<br> | Mushroom and spinach wellington (v)   |
| <b>Sides</b>  | Garlic bread, green beans, roasted courgettes   | Roast potatoes, honey carrots and broccoli                                       | Curly fries, sweetcorn, big bowl of mixed leaf salad                                      | Parmentier potatoes, broccoli and carrots  | Chips, garden peas, baked beans, tartare sauce  |
| <b>Jacket and pasta bar</b>   | Pasta and tomato sauce<br>Jacket potato and beans   | Pasta and tomato sauce<br>Jacket potato and beans                                | Pasta and tomato sauce<br>Jacket potato and beans   | Pasta and tomato sauce<br>Jacket potato and beans  | Pasta and tomato sauce<br>Jacket potato and beans   |
| <b>Salad bar</b>  | A choice of salad vegetables and accompaniments:<br>boiled eggs, tuna mayo, grated cheese | A choice of salad vegetables and accompaniments:<br>grated cheese and sliced ham | A choice of salad vegetables and accompaniments:<br>boiled eggs, tuna mayo, grated cheese | A choice of salad vegetables and accompaniments:<br>grated cheese and sliced ham                           | A choice of salad vegetables and accompaniments:<br>boiled eggs, tuna mayo, grated cheese |
| <b>Dessert</b>  | Cookies   | Apple crumble with custard   | Chocolate sponge and chocolate sauce  | Lemon cheesecake   | Sticky toffee pudding and toffee sauce  |
| <b>Tea</b>  | Margherita pizza, herbie potatoes and sweetcorn   | Beef slider, potato wedges and baked beans                                       | Sausage, mash, peas and gravy   | Southern fried chicken goujons, fries and mixed vegetables   | Packed sandwich tea   |

**Key:**



Plant-based

(v)  
vegetarian