





Weekly Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Flapjack	Brownie	Pizza wheel	Blueberry muffin	Sausage roll
Soup of the day with fresh homemade bread and accompaniments					
Option 1	Beef chilli con carne	Roast pork, apple sauce and gravy	Chicken and vegetable korma	Chicken burger	Giant breaded fish fingers
Option 2	Bean and vegetable chilli 	Butternut squash, spinach and chickpea filo pie (v)	Cauliflower curry 	Traditional Peruvian halloumi burger (v)	Cheese and onion pasty (v)
Sides	Boiled rice, grated cheese, nachos, sour cream, corn on the cob	Roast potatoes, Yorkshire pudding, apricot and parsley stuffing, savoy cabbage, glazed carrots	Pilau rice, onion bhaji, chota naan bread, raita and mango Chutney	Fresh lettuce, tomato and Onion garlic and herb wedges roasted peppers and courgettes sauteed onions	Chips, peas, gherkins, lemon wedges, tartar sauce and tomato ketchup
Jacket and pasta bar	Pasta and tomato sauce Jacket potato and baked beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans
Salad bar	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese	A choice of salad vegetables and accompaniments: grated cheese and sliced ham	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese	A choice of salad vegetables and accompaniments: grated cheese and sliced ham	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese
Dessert	Chocolate fudge cake Jelly, fruit and yogurt	Apple and berry crumble with custard Fruit and yogurt	Vanilla and strawberry cheesecake Jelly, fruit and yogurt	Baked lemon drizzle Fruit and yogurt	Chocolate brownie Jelly, fruit and yogurt
Tea	Margherita pizza, herbie potatoes and sweetcorn	Beef burger in a bun, potato wedges and baked beans	Sausage, mash, peas and gravy	Southern fried chicken goujons, fries and mixed vegetables	Packed sandwich tea

Key:



Plant-based

(v)
vegetarian