


Weekly Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Cookie	Carrot cake	Flapjack	Blueberry muffin	Sausage roll
Soup of the day with fresh homemade bread and accompaniments					
Option 1	<u>Meat free Monday</u> Greek vegetable moussaka (v)	Roast turkey, seasonal stuffing and gravy	Barrow hills sausages	Meatballs in a tomato ragu sauce	Giant breaded fish fingers
Option 2		Butternut squash and pepper strudel (v)	Meat free sausages (v)	Vegan meatballs in a tomato ragu sauce 	Cheese and onion pastry (v)
Sides	Green beans and garlic bread	Mini roasties, cauliflower cheese, carrots and peas	Creamed potato, onion gravy, peas and sweetcorn	Penne pasta, garlic bread and roasted courgettes	Chips, garden peas, baked beans, tartare sauce
Jacket and pasta bar	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans
Salad bar	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese	A choice of salad vegetables and accompaniments: grated cheese and sliced ham	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese	A choice of salad vegetables and accompaniments: grated cheese and sliced ham	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese
Dessert	Rice crispy traybake	Lemon syrup sponge	Apple crumble and custard	Jam and coconut sponge	Chocolate brownie
Tea	Macaroni cheese, garlic flatbreads and mixed vegetables	Hot dogs, curly fries, mixed salad	Pepperoni or Margherita pizza, potato wedges	BBQ chicken wrap or BBQ vegetable wrap, herbie potatoes and sweetcorn	Packed sandwich tea

Key:



Plant-based

(v)
vegetarian