




Weekly Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Carrot cake	Flapjack	Cookie	Pizza wheels	Sausage roll
Soup of the day with fresh homemade bread and accompaniments					
Option 1	<u>Meat Free Monday</u> Tomato and sweetcorn pizza (v)	Roast Gammon, gravy, yorkshire pudding	Chicken katsu	Beef lasagne	Giant breaded fish fingers
Option 2		Roasted vegetable tart (v)	Crispy Quorn katsu (v)	Vegetable lasagne (v) 	Gnocchi in a tomato pesto sauce with garlic croutons (v)
Sides	Parmentier potatoes, roasted peppers and onions	Mini roasted potatoes, steamed carrots and cauliflower	Steamed rice, bok choy, broccoli and vegetable spring rolls	Rosemary focaccia, roasted courgettes and green beans	Chipped potatoes, garden peas and baked beans
Jacket and pasta bar	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans
Salad bar	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese	A choice of salad vegetables and accompaniments: grated cheese and sliced ham	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese	A choice of salad vegetables and accompaniments: grated cheese and sliced ham	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese
Dessert	Rocky road	Strawberry swirl cake	Mixed fruit crumble and custard	Butterscotch mousse pots	Vanilla and chocolate marble cake
Tea	Chicken goujons, fries and mixed vegetables	Sausage and mash, peas, gravy	Fish fingers, potato wedges and baked beans	Chicken burger, curly Fries and mixed vegetables	Packed sandwich tea

Key:



Plant-based

(v)
vegetarian