






Weekly Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Pizza wheels	Flapjack	Cookie	Chocolate brownie	Sausage roll
Soup of the day with fresh homemade bread and accompaniments					
Option 1	Beef lasagne	Roast turkey, seasonal stuffing, gravy	Pork in sweet and sour sauce	Meatballs in a tomato ragu sauce	Giant breaded fish fingers
Option 2	Mediterranean vegetable lasagne 	Cheese, leek and tomato tart (v)	Sweet and sour Quorn and vegetables 	Plant based meatballs in a tomato ragu sauce 	Cheese tortellini (v)
Sides	Italian panzanella salad, herby garlic bread, green beans with tapenade dressing	Roasted potatoes, Yorkshire pudding, glazed carrots, savoy cabbage	Stir-fry vegetables, prawn crackers, vegetarian spring rolls and egg fried rice	Penne pasta, garlic bread and roasted courgettes	Chips , peas, gherkins, lemon wedges, tartar sauce and tomato ketchup
Jacket and pasta bar	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans	Pasta and tomato sauce Jacket potato and beans
Salad bar	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese	A choice of salad vegetables and accompaniments: grated cheese and sliced ham	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese	A choice of salad vegetables and accompaniments: grated cheese and sliced ham	A choice of salad vegetables and accompaniments: boiled eggs, tuna mayo, grated cheese
Dessert	Vanilla chocolate marble cake Jelly, fruit and yogurt	Banoffee Pie Fruit and yogurt	Pear and chocolate crumble and custard Jelly, fruit and yogurt	Toffee cake Fruit and yogurt	Carrot cake Jelly, fruit and yogurt
Tea	Chicken goujons, fries, sweetcorn and carrots	Sausage and mash, peas, gravy	Fish fingers, potato wedges and baked beans	Beef burger, fries and baked beans	Packed sandwich tea

Key:



Plant-based

(v)
vegetarian