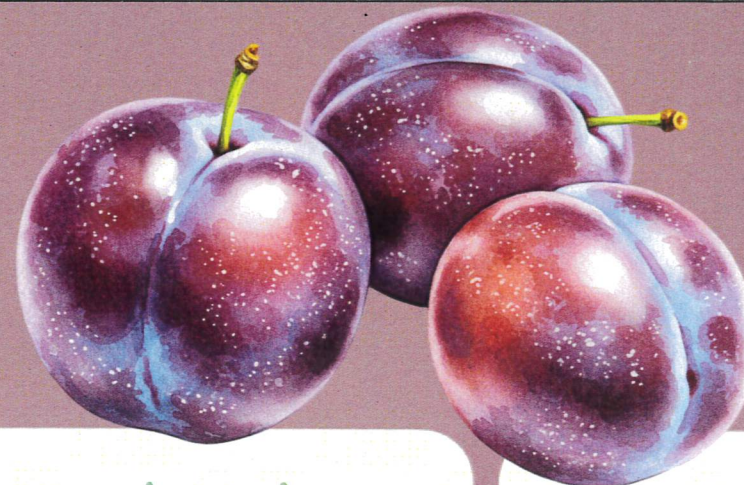


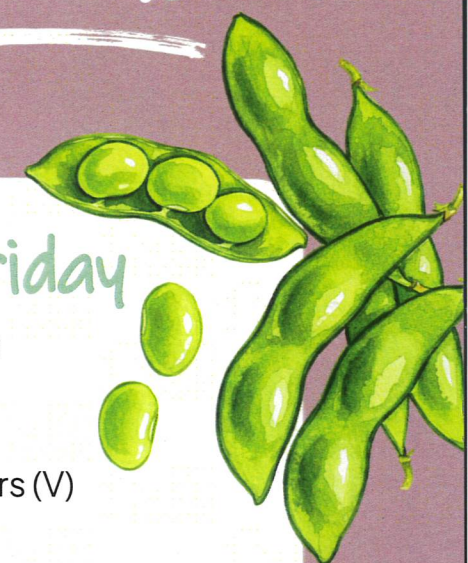


Lunch Menu

Autumn Term



Week One



Monday

Mains

Chicken burger
Beany vegetable burger (V)

Sides

Fries
Sweetcorn
Green beans
Burger relish
Tomato ketchup

Desserts

Homemade fruit crumble
Custard

Tuesday

Roast gammon
Sweet potato & chickpea
roast (V)

Roast potatoes
Sage & onion stuffing
Gravy
Cabbage
Carrots

Chocolate sponge
Whipped cream

Wednesday

Beef lasagne
Vegetable lasagne (V)

Garlic bread
Broccoli
Roasted vegetables

Sweet waffles
Whipped cream
Chocolate sauce

Thursday

Coconut & cardamom
chicken thigh
Vegetarian chickpea &
coconut curry (V)

Persian herbed rice
Roasted peppers &
courgette
Sweetcorn

Cheesecake pot

Friday

Battered fish
Fish fingers
Quorn Dippers (V)

Chips
Peas
Baked beans
Lemon wedges
Homemade tartare sauce
Tomato ketchup

Oaty apple cake
Custard

Daily Options

Daily Specials

Selection of freshly made soups, home-baked bread and jacket potatoes with a choice of toppings.

Pasta Bar

Wholemeal pasta, tomato sauce every day

Salads

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

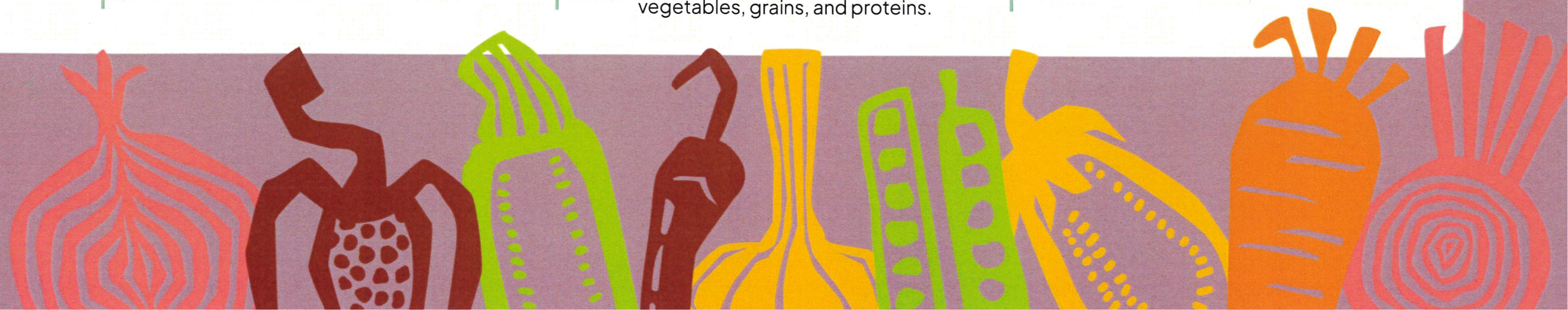
Chilled Desserts

Yoghut pot or Jelly pot, fresh fruit or fresh fruit platter

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Lunch Menu

Autumn Term



Week Two



Monday

Mains

Pepperoni pizza
Margherita pizza (V)

Sides

Tiger fries
Cabbage
Sweetcorn
Tomato ketchup

Desserts

Raspberry lemon crumble cake
Whipped cream

Tuesday

Roasted chicken
Sweet potato & chickpea roast (V)

Roast potatoes
Yorkshire pudding
Gravy
Carrots
Green beans

Mixed fruit crumble
Custard

Wednesday

Beef bolognese sauce
Vegetarian bolognese sauce (V)

Pasta
Broccoli
Cauliflower

Chocolate pots
Selection of mousse pots

Thursday

Sausage & caramelised onion plait
Quorn sausages (V)

Mashed potatoes
Gravy
Sweetcorn
Kale & Green beans

Rocky rocket road
Whipped cream

Friday

Battered fish
Fish fingers
Mornay fish
Quorn dippers (V)

Chips
Peas
Baked beans
Lemon wedges
Tartare sauce
Tomato ketchup

Jam doughnut
Chocolate doughnut

Daily Options

Daily Specials

Selection of freshly made soups, home-baked bread and jacket potatoes with a choice of toppings.

Pasta Bar

Wholemeal pasta, tomato sauce every day.

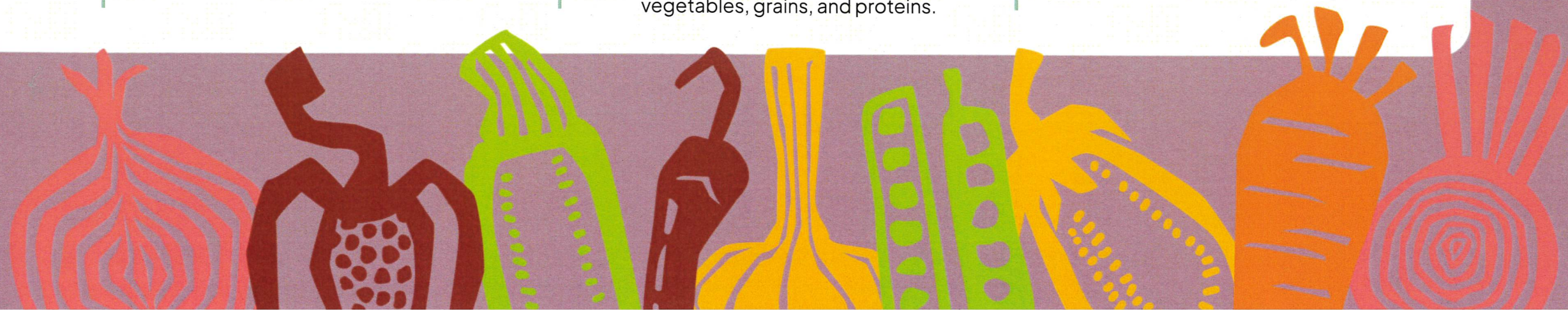
Salads

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

Chilled Desserts

Yoghurt pot or Jelly pot, Fruit salad or fruit platter every day.

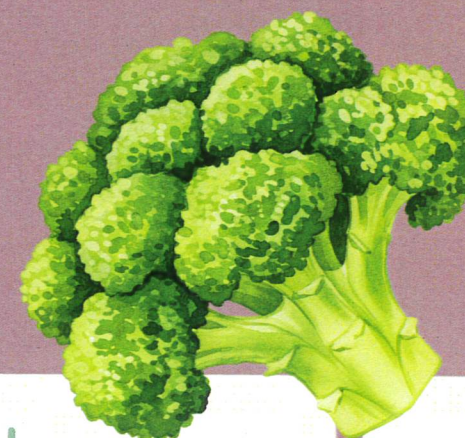
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Lunch Menu

Autumn Term

Week Three



Monday

Mains

Macaroni cheese (V)

Sides

Crispy bacon
Garlic bread
Sweetcorn
Broccoli

Desserts

Sticky toffee pudding
Custard

Tuesday

Roast pork loin
Lentil roast (V)

Roast potatoes
Cauliflower cheese
Gravy
Apple sauce
Green beans

Sweet potato & chocolate
brownie
Whipped cream

Wednesday

Pork sausages
Vegetarian sausages (V)

Mash potato
Sweetcorn & peas
Roasted vegetables
Gravy

Apple & blackberry crumble
Custard

Thursday

Chicken korma
Cauliflower & chickpea
korma (V)

Yellow rice
Green beans
Kale
Onion bhaji
Chota Naan bread
Mango chutney

Lemon drizzle
Whipped cream

Friday

Battered fish
Fish fingers
Sweet potato bean burger
(V)

Chips
Peas
Baked beans
Lemon wedges
Tartare sauce
Tomato ketchup

Rice pudding
Strawberry jam

Daily Options

Daily Specials

Selection of freshly made soups, home-baked bread and jacket potatoes with a choice of toppings.

Pasta Bar

Wholemeal pasta, tomato sauce every day.

Salads

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

Chilled Desserts

Yoghurt pots or jelly pots, fresh fruit salad or fruit platter every day.

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