



# Lunch

Week One September to December





### Monday

Carbonara pasta bake

BBQ Vegetables wrap(V)

Potato wedges

Savoy cabbage

Sweetcorn

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Giant couscous salad

Peach & ginger pudding

Toffee custard

Jelly pots or Yoghurt

### Tuesday

Roast chicken

Veggie Shepherds pie (V)

Roasted potatoes Stuffing Gravy Green beans Carrots

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Noodle salad

Apple & Blackberry pie

Apple crumble

Jelly pots or Yoghurt

### Wednesday

Beef bolognaise

Vegetarian bolognaise (V)

Penne pasta

Garlic bread

Broccoli

Peas

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Greek salad

Lemon syrup sponge

Cream

Jelly pots or Yoghurt

Chinese sticky lemon chicken

Cheesy vegetables hotpot (V)

Thursday

Rice

Carrots

Cauliflower

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Pesto pasta

Banoffee Pie

Jelly pots or Yoghurt

### **Friday**

Jumbo fish fingers

Battered fish

Quorn dippers (V)

Chips

Peas

Baked beans

Tartare sauce & Lemons

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Broccoli Caesar salad

Chocolate sponge

Chocolate custard

Jelly pots or Yoghurt

### Soup of the day

Served with Freshly Baked Breads & Selection of Toppers.

### **Jacket Potato Bar**

Topped with Baked Beans, Cheese or the Chef's Daily Special.

### Pasta Bar

Pasta with Tomato or Cream Sauce.

### **Fruit Bar**

Selection of Fresh Fruit.





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Monday

Chicken macaroni cheese

Macaroni cheese (V)

Veggie burrito (V)

Rice

Peppers & courgettes

Sweetcorn

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Cauliflower, potato & pesto salad

Chocolate mousse pots

Yoghurt or Jelly pots

Tuesday

Roast gammon

Vegetable pastry slice (V)

Roasted potatoes

Yorkshire pudding & Gravy

Cauliflower

Carrots

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Greek salad

Apple & cherry crumble

Custard

Yoghurt or Jelly pots

Wednesday

Week Two September to December

Turkey casserole

Vegetable jambalaya (V)

Mash potatoes

Broccoli

Peas

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Beans salad

Sweet potato chocolate brownie

Jelly pots or Yoghurt

Thursday

**BBQ** Chicken

BBQ Jackfruit & vegetables

Rainbow rice

Green beans

Sweetcorn

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Italian pasta salad

Apple & golden syrup sponge

Custard

Jelly pots or Yoghurt

Friday

Jumbo fish fingers

Mornay fish

Beany vegetables burger (V)

Chips

Baked beans

Peas

Tartare sauce & Lemons

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Mexican bean, tomato & coriander salad

Vanilla marble sponge

Cream

Jelly pots or Yoghurt

Soup of the day

Served with Freshly Baked Breads & Selection of Toppers. **Jacket Potato Bar** 

Topped with Baked Beans, Cheese or the Chef's Daily Special. Pasta Bar

Pasta with Tomato or Cream Sauce.

Fruit Bar

Selection of Fresh Fruit.



# Lunch

Week Three September to December



### Monday

Pepperoni pizza

Cheese & tomato pizza (V)

Veggie supreme pizza (V)

Potato wedges

Chop-chop salad

Broccoli

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Chicken Caesar salad

Rice pudding

Fruity jam

Jelly pots or Yoghurt

### Tuesday

Roast chicken

Sweet potato, chickpea & herb roast (V)

Roasted potatoes

Cauliflower cheese

Gravy

Peas & Carrots

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Giant couscous & herbs salad

Apple & forest berries crumble

Custard

Yoghurt or Jelly pots

### Wednesday

Beef meatballs in tomato sauce

Veggie chilli con carne with jacket potato (V)

Pasta

Savoy cabbage

Broccoli

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Pesto pasta salad

Orange glazed sticky sponge

Cream

Jelly pots or Yoghurt

# Thursday

Chicken korma

Vegetables korma (V)

Rice

Naan bread

Green beans

Sweetcorn

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Mediterranean potato salad

Pineapple Upside Down Cake

Chocolate custard

Yoghurt or Jelly pots

# **Friday**

Jumbo fish finger

Battered fish

Sweet potato bean burger (V)

Chips

Peas

Baked beans

Tartare sauce & Lemons

A selection of simple salads

Boiled eggs, Grated cheese, Coleslaw, Ham or Tuna mayo

Curried chickpea salad

Sticky toffee pudding

Toffee sauce

Jelly pots or Yoghurt

### Soup of the day

Served with Freshly Baked Breads & Selection of Toppers.

### **Jacket Potato Bar**

Topped with Baked Beans, Cheese or the Chef's Daily Special.

## Pasta Bar

Pasta with Tomato or Cream Sauce.

### **Fruit Bar**

Selection of Fresh Fruit.