



# Spring Lunch Menu

January to March



## Monday

### Mains

Wow butter katsu chicken  
Sweet potato katsu (V)

### Sides

Coconut rice  
Prawn crackers  
Carrots  
Green beans

### Desserts

White chocolate & raspberry  
blondie  
Custard

## Tuesday

### Mains

Roast pork loin  
Lentil roast (V)

### Sides

Roast potatoes  
Gravy  
Apple sauce  
Peas,  
Cauliflower cheese

### Desserts

Chocolate fudge brownie  
Cream

## Wednesday

### Mains

Chicken, gammon & vegetables  
pie  
Quorn & vegetables pie (V)

### Sides

Mashed potatoes  
Savoy cabbage  
Carrots  
Gravy

### Desserts

Apple crumble  
Custard

## Thursday

### Mains

Beef meatballs in tomato sauce  
Meatless meatballs in tomato  
sauce (V)

### Sides

Pasta  
Roasted vegetables  
Sweetcorn  
Garlic bread

### Dessert

Sticky toffee pudding  
Toffee sauce  
Fruit smoothie

## Week One

## Friday

### Mains

Fish fingers  
Battered fish  
Blackeyed bean burger (V)

### Sides

Chips  
Peas  
Mushy peas  
Baked beans  
Tartare sauce  
Lemons

### Desserts

Rice pudding  
Strawberry jam



## Daily Specials



Selection of freshly made soups, home-baked bread and jacket potatoes with a choice of toppings.

## Pasta Bar

Wholemeal pasta, & tomato sauce

## Salads

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

## Chilled Dessert

Dessert pots, yogurts or jelly pots  
selection of fresh fruit.



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# Spring Lunch Menu

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Week Two

## Monday

### Mains

Pepperoni pizza  
Margherita pizza (V)

### Sides

Cajun fries  
Green Beans  
Sweetcorn  
Tomato ketchup

### Desserts

Cornflake tart

## Tuesday

### Mains

Roasted chicken  
Spiced sweet potato & chickpea roast (V)

### Sides

Roasted potatoes  
Yorkshire pudding  
Gravy  
Carrots  
Cabbage & kale

### Desserts

Sweet waffles  
Whipped cream  
Chocolate sauce

## Wednesday

### Mains

Pork sausages  
Vegetarian sausages (V)

### Sides

Mash potatoes  
Onion gravy  
Broccoli  
Roasted vegetables

### Desserts

Apple & blackberry crumble  
Custard

## Thursday

### Mains

Pork chow mein  
Vegetables chow mein (V)

### Sides

Mini spring rolls  
Prawn crackers  
Cabbage

### Dessert

Orange & choc. chip shortbread

## Friday

### Mains

Fish fingers  
Battered fish  
Mediterranean roasted fish fillet  
Sweet potato bean burger (V)

### Sides

Chips  
Peas  
Baked beans  
Lemons  
Tartare sauce

### Desserts

Chocolate steamed pudding  
Chocolate sauce

## Daily Specials

Selection of freshly made soups, home-baked bread and jacket potatoes with a choice of toppings.

## Pasta Bar

Wholemeal pasta, tomato sauce

## Salads

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

## Chilled Desserts

Dessert pots, yogurts or jelly pots, selection of fresh fruit.



# Spring Lunch Menu

January to March

## Monday

### Mains

- Chicken madras
- Chana masala potato curry (V)

### Sides

- Rice
- Poppadum
- Chota naan bread
- Sweetcorn
- Green beans
- Mango chutney
- Indian yoghurt sauce

### Desserts

- Lemon syrup sponge
- Lemon meringue pot
- Custard

## Tuesday

### Mains

- Roasted honey glazed gammon
- Lentil roast (V)

### Sides

- Roasted potatoes
- Gravy
- Apple sauce
- Peas
- Cauliflower cheese
- Stuffing

### Desserts

- Chocolate mousse pot

## Wednesday

### Mains

- Cottage pie
- Vegetarian cottage pie (V)

### Sides

- Mashed potatoes
- Peas
- Carrots
- Gravy

### Desserts

- Apple & mixed berry crumble
- Custard

## Thursday

### Mains

- Buffalo chicken burger
- Beany vegetable burger (V)

### Sides

- Potato wedges
- BBQ Sauce
- Sweetcorn
- Coleslaw

### Dessert

- Trifle pots
- Fruit smoothie

## Week Three

## Friday

### Mains

- Fish fingers
- Battered fish
- Quorn dippers

### Sides

- Chips
- Peas
- Baked beans
- Lemons
- Tartare sauce

### Desserts

- Pancakes
- Chocolate sauce
- Whipped cream
- Fruit coulis



## Daily Specials

Selection of freshly made soups, home-baked bread and jacket potatoes with a choice of toppings.

## Pasta Bar

Wholemeal pasta, tomato sauce.

## Salads

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

## Chilled Desserts

Dessert pots, yoghurts or jelly pot, selection of fresh fruit.



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