



Barrow Hills  
SCHOOL



# Extra Curricular Timetable

SPRING TERM | 2026

# Table of Contents



## 02 Introduction

## 03 Pre-Prep Extra-Curricular Timetable

## 04 Prep Extra-Curricular Timetable

## 06 Upper Prep Extra-Curricular Timetable

## 07 Pre-Prep Activities

## 08 Prep & Upper-Prep Activities

## 12 Testimonials



# Introduction



Our co-curricular opportunities provide avenues for children to explore their passions, cultivate talents, and develop vital life skills. By participating in these activities, children not only expand their knowledge and skills but also build friendships, develop leadership qualities, and foster a sense of belonging and school pride. Our co-curricular timetable promotes creativity, critical thinking, and teamwork, preparing children for success in their academic endeavours and beyond.

For our co-curricular offering, a Google form will be sent each term. If you need help with your bookings, please contact **Mrs Wood: amw@barrowhills.org.**

In addition to our co-curricular timetable, we offer individual and group activities lessons and music lessons provided by peripatetic teaching staff. Details of these are found in the External Activities Booklet found on your Parent Portal. We ask that you arrange the starting of any external club with the appropriate coach/teacher, contact details are provided in the booklet.



# Pre-Prep Timetable



	Club	Leader	Time	Spaces
<b>Monday</b>	Lego Club (Rec - Year 2)	Mrs James	3.30-4.30pm	16
<b>Tuesday</b>	Larks Choir (Year 1 - Year 2)	Mrs Davies	8.00-8.30am	Unlimited
	Imagination Station (Rec - Year 2)	Mrs Crisell Mrs Harris	3.30-4.30pm	18
<b>Wednesday</b>	Handwriting Club (Year 1 - Year 2)	Mrs Barnett	8.00-8.25am	12
<b>Thursday</b>	Gymnastic Club (Rec - Year 2)	Mrs Mullins Mrs Barnett	3.30-4.30pm	16



# Prep Timetable



	Club	Leader	Time	Spaces
Monday	Running Club (Year 3 - 8)	Mrs Burnett Mrs Wallice	7.30-8.00am	Unlimited
	Chess Club (Year 5 - 8)	Mr Hinds	1.00-2.00pm	Unlimited
	Book Club (Year 3 - 6)	Mrs Mowlam	1.30-2.00pm	Unlimited
	Top Trumps Club (Year 3 - 6)	Mrs Pickard	1.30-2.00pm	Unlimited
	Netball Club (Year 3 - 8)	Mrs Barnett	1.30-2.00pm	Unlimited
	DT Club (Year 3 - 4)	Mr Hinds	4.30-5.30pm	12
	Hockey Club (Year 3 - 6)	Mr Mullins Mr Smith	4.30-5.30pm	16
	Lego Club (Year 3 - 6)	Mr King	4.30-5.30pm	16
	Stock Market Club (Year 6 - 8) *Newcomers only	Mr Pretorius	4.30-5.30pm	10
Tuesday	Recorder (Year 4 - 5)	Mrs Davies	1.30-2.00pm	10
	Art Club (Year 3 - 8)	Mrs Wheeler	1.30-2.00pm	Unlimited
	Bridewell Choir (Year 5 - 8)	Mrs Davies	4.30-5.15pm	Current members
	Debating Club (Year 3 - 8)	Mr Towers	1.00-1.30pm	20
	Science Club (Year 6 - 8)	Mr Behan	1.30-2.00pm	Unlimited

# Continued...



	Club	Leader	Time	Spaces
<b>Thursday</b>	Nightingales (Year 3 - 4)	Mrs Davies	8.00-8.30am	Unlimited
	Bridewell Choir Catch up session (Year 5 - 8)	Mrs Davies	1.00pm-1.30pm	Unlimited
	Drama Rehearsal (Year 6 <b>ONLY</b> )	Mrs Mason Mr O'Kelly Mrs Goedkoop	4.30-5.30pm	Mandatory
	STEM Club (Year 5 - 8)	Mr Hinds	4.30-5.30pm	15
	Crochet Club (Year 5 - 8)	Madame Early	4.30-5.30pm	8
<b>Friday</b>	Trivium (Year 4 - 8)	Mr Towers	4.30-5.30pm	Unlimited



# Upper Prep Timetable



	Club	Leader	Time	Spaces
Monday	Running Club (Year 3 - 8)	Mrs Burnett Mrs Wallice	7.30-8.00am	Unlimited
	Chess Club (Year 5 - 8)	Mr Hinds	1.00-2.00pm	Unlimited
	Netball Club (Year 3 - 8)	Mrs Barnett	1.30-2.00pm	Unlimited
	Stock Market Club (Year 6 - 8) *Newcomers only	Mr Pretorius	4.30-5.30pm	10
Tuesday	French Speaking Practice Club (Year 8)	Madame Early	1.30-2.00pm	Unlimited
	Art Club (Year 3 - 8)	Mrs Wheeler	1.30 - 2.00pm	Unlimited
	Bridewell Choir (Year 5 - 8)	Mrs Davies	4.30-5.15pm	Current members
	Debating Club (Year 3 - 8)	Mr Towers	1.00-1.30pm	20
	Science Club (Year 6 - 8)	Mr Behan	1.30-2.00pm	Unlimited
Thursday	Bridewell Choir Catch up session (Year 5 - 8)	Mrs Davies	1.00pm-1.30pm	Unlimited
	STEM Club (Year 5 - 8)	Mr Hinds	4.30-5.30pm	15
	Crochet Club (Year 5 - 8)	Madame Early	4.30-5.30pm	8
Friday	French Speaking Practice Club (Year 8)	Madame Early	1.00-1.30pm	Unlimited
	Trivium Club (Year 4 - 8)	Mr Towers	4.30-5.30pm	Unlimited

# Pre-Prep



## Gymnastics (Year 1 - 2)

Gymnastics is an exciting activity where children can develop strength, coordination, and agility using trampolines and springboards. Through engaging routines that include jumps, flips, and balance exercises, students will build confidence and teamwork.



## Handwriting (Year 1 - 2)

Handwriting offers a supportive and enriching environment for children to enhance their handwriting skills. Through engaging activities children can develop confidence and proficiency in penmanship and continuous cursive script. The club provides a structured yet fun setting where children can reinforce what they've learned in school while also fostering a love for writing and self-expression.



## Larks Choir (Year 1 - 2)

The Larks Choir is a vibrant choir where children explore the joy of singing through playful activities and simple songs. The choir focuses on building confidence, developing listening skills, and fostering teamwork. Through rehearsals and performances, young singers not only learn musical skills but also cultivate a lifelong appreciation for music and the arts in a supportive and nurturing environment.



## Imagination Station (Rec - Year 2)

Let your imagination soar with small world figures, playdough, storytelling, creative play, and so much more! In this hands-on club, children will build magical worlds, create their own characters, and bring stories to life through imaginative role-play and sensory activities.



## Lego (Year 1 - 2)

Lego brings children together to explore creativity, engineering and teamwork through hands-on building. The club offers challenges, collaborative projects and themed competitions, helping pupils develop imagination and problem-solving skills. From skyscrapers and robots to fantastical worlds, children build with confidence and creativity. Lego inspires innovation, collaboration and endless fun.

# Prep & Upper Prep



## Art Club (Year 3 - 8)

Art club is open to all those keen artists who love being creative. Maybe they would like more time to complete their class work or to start a personal project. We may also have group projects on the go or a themed creative activity. It's a relaxed, inspiring space where pupils can experiment, build confidence and enjoy making art together.



## Art Scholarship

Art scholarship is invite only for children with a real interest in art and who wish to explore developing their own portfolio. This experience would be ideal for those aspiring to consider a senior school art scholarship application. It provides focused guidance, mentorship, and opportunities to refine skills while building a strong, personal body of work.



## Book Club (Year 3 - 6)

Come to the Library to read, explore, and discuss books with Mrs Mowlam. Enjoy conversations about your favourite stories, discover new authors, and take part in themed book activities. Whether reading quietly or joining group discussions, the Library is the perfect place to spark your imagination and connect with fellow book lovers.



## Bridewell Choir (Year 5 - 8)

The auditioned Bridewell Choir gives singers the chance to perform in a formal, musically rich environment. Auditions ensure strong vocal skill and commitment, with rehearsals focused on technique, ensemble performance, and interpreting traditional repertoire. Members refine their musicianship through dedicated practice, performing hymns, anthems, and sacred works that enrich worship services and special events.



## Chess (Year 3 - 8)

Chess is an exciting opportunity for young minds to delve into this strategic world. The club provides a supportive environment for children to learn and improve their chess skills. They develop critical thinking, problem-solving, and decision-making abilities. Whether beginners or experienced players, all are welcome to join and explore the fascinating world of chess in a fun and stimulating setting.

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## **Crochet Club (Year 5 - 8)**

Crochet Club is suitable for both beginners and improvers. Children will learn the basic crochet stitches, develop their confidence with simple techniques, and work towards creating a small project to take home at the end of the term. It's a fun, relaxing space where creativity and patience come together, and children can enjoy making something unique.



## **Debating (Year 3 - 8)**

Join the Debating Club to develop speaking, reasoning, and critical thinking skills in a supportive environment. Learn to structure arguments, present ideas persuasively, and respond confidently.



## **DT (Year 3 - 4)**

DT Club is an exciting opportunity to explore design and technology through hands-on projects. Children will learn how to use a variety of tools safely and effectively while working with different materials, from wood and metal to textiles and plastics.



## **French Common Entrance Preparation (Year 7 - 8)**

Prepare for success with these additional French CE sessions. Designed to help children build confidence and excel, this comprehensive program ensures that all the key areas are covered.



## **Hockey Club (Year 3-6)**

Hockey Club gives pupils in Years 3 to 6 an extra weekly session to progress and build their skills. They work on key techniques, take part in match play, and use the time to grow in confidence. Open to all ability levels in those year groups.

# Continued...



## Netball (Year 3 - 8)

Netball provides fun and inclusive approach to the sport and is open to all levels of ability to strengthen skills and confidence. This session allows children to develop hand-eye coordination, spacial awareness, reaction time, fitness and all important teamwork and friendship.



## Nightingales Choir (Year 3 - 4)

The Nightingales Choir offers a joyful space for children to explore music and singing. Through vocal exercises, fun songs, and group activities, members build confidence, teamwork, and listening skills. Rehearsals and performances help children develop musical ability while fostering a lifelong love of music and the arts.



## Recorder (Year 4 - 5)

Recorder club is a great choice for children in Year 4, with or without previous experience of playing. Easy to learn, the recorder is a super instrument to help children learn to read music, explore rhythm and pitch and practice posture and performance.



## Running Club (Year 3 - 8)

We will enjoy cross-country every Monday morning, after half term. It promises great fitness training and a high energy start to the week. Whether beginners or experienced runners, all are welcome to join and get the week off to a great start!



## Science Club (Year 6 - 8)

An exciting opportunity to explore the wonders of science through hands-on activities! Children will test their survival instincts with army-based ration tasks, investigating the chemistry of food under challenging conditions. Take on the ultimate challenge by designing and testing parachutes for precision and safety. Experiment, problem-solve, and think creatively - unleash your inner scientist!

# Continued...



## STEM (Year 5 - 8)

Our STEM club is made up of design challenges where we help the children to unlock their natural skills and talents in problem solving, idea generation, lateral thinking and resourcefulness using a range of technologies.



## Stock Market (Year 6 - 8)

Stock Market Club is available to Year 6 - 8s. In this lively club, pupils learn the basics of investing by running their own mock portfolios. Learners use real market data, track companies, make "trades," and see how their investment decisions play out over time. The focus is on teamwork, strategic thinking, and having fun while gaining a basic understanding of finance and investing.



## Top Trumps (Year 3 - 8)

Year 3-6 children can battle it out with a huge choice of Top Trumps decks. Test knowledge, sharpen strategy, and see if you can become the ultimate Top Trumps champion. A great way to make new friends and enjoy some friendly competition during lunch!



## Trivium (Year 4 - 8)

Trivium returns to help students reach new heights in debate and public speaking. Using fun and engaging themes, participants explore knowledge, dialectic, and rhetoric while developing persuasive communication skills. The club encourages critical thinking, quick reasoning, and teamwork, making it a real confidence builder. Whether presenting ideas, challenging viewpoints, or refining delivery, students leave feeling more articulate, poised, and ready to express themselves with clarity and flair.

# Testimonials



One of the best clubs, we get to present all our own ideas and, for a treat, we get to use the Year 7 & 8 Common Room too!

YEAR 6 - PUBLIC SPEAKING CLUB



Construction club is super crafty. You can make all sorts of stuff and it makes me enjoy the afternoon and it just makes me feel so peaceful.

YEAR 2 - CONSTRUCTION CLUB

I got to Adventure Club. There are loads of hard obstacles we climb over and under. Then we get to eat marshmallows around our campfire.

YEAR 2 - ADVENTURE CLUB



Running club is such a great way to start the morning. We have lots of different runs and it can get pretty hard, but in a good way!

YEAR 6 - RUNNING CLUB